

Schedule Information

January 24 - 30, 2022

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
6:00am-8:00am		Lane Swim Barracudas Swim Club (6:15-7:30am)		Lane Swim Barracudas Swim Club (6:15-7:30am)			All statutory holidays have limited hours: 1:00-3:00 Family Swim 3:00-6:00 Public Swim 5:00-6:00 Lane Swim	
8:00am-9:00am	Lane Swim Shallow Water Fitness (8:45-9:30am)	Lane Swim (8:00-9:15am)	Lane Swim Shallow Water Fitness (8:45-9:30am)	Lane Swim (8:00-9:15am)	Lane Swim Shallow Water Fitness (8:45-9:30am)			
9:00am-9:45am		Deep Water Fitness (8:30-9:15am)		Deep Water Fitness (8:30-9:15am)				
9:00am-10:00am	Lane Swim Family Swim (8:45-10:30am)	Adaptive Lessons (9:15-10:15am)	Lane Swim Family Swim (8:45-10:30am)	Adaptive Swim (9:15-10:15am)	Lane Swim Family Swim (8:45-10:30am)			
10:00am-10:45am	Lane Swim (10:00-10:30am) Gentle Flow Fitness (9:45-10:30am)		Lane Swim (10:00-10:30am) Gentle Flow Fitness (9:45-10:30am)		Lane Swim (10:00-10:30am) Gentle Flow Fitness (9:45-10:30am)			
10:00am-12:00pm	School Swimming Lessons (10:30-12:00pm)	School Swimming Lessons (10:30-12:00pm)	School Swimming Lessons (10:30-12:00pm)	School Swimming Lesson (10:30-12:00pm)	School Swimming Lessons (10:30-12:00pm)	Swimming Lessons		
12:00pm-1:00pm	Lane Swim Family Swim	Lane Swim Family Swim	Lane Swim Family Swim	Lane Swim Family Swim	Lane Swim Family Swim			
1:00pm-3:00pm	School Swimming Lessons	School Swimming Lessons	School Swimming Lessons	School Swimming Lessons	School Swimming Lessons	Family Swim (1:00-3:00pm)		Family Swim (1:00-3:00pm)
3:00pm-4:00pm	Lane Swim Family Swim	CLOSED FOR MAINTENANCE	Lane Swim Family Swim	CLOSED FOR MAINTENANCE	Lane Swim Family Swim	PUBLIC SWIM (3:00-6:00pm)		PUBLIC SWIM (3:00-6:00pm)
4:00pm-6:30pm	Barracudas Swim Club	Swimming Lessons (4:00-6:15pm)	Barracudas Swim Club	Swimming Lessons (4:00-7:00pm)	Barracudas Swim Club			
6:15pm-7:00pm	Deep Water Fitness Special O (6:30-7:30pm)	Lane Swim Family Swim	Shallow Water Fitness Water Polo (6:30-7:30pm)		Lane Swim Family Swim	Lane Swim Family Swim		Lane Swim (5:00-6:00pm)
7:00pm-8:30pm	Lane Swim Special O (7:30-8:30pm)	PUBLIC SWIM	PUBLIC SWIM (7:15-8:30pm)	PUBLIC SWIM	TOONIE Swim (\$2 per person)			
8:30pm-9:30pm	Lane Swim		Lane Swim					

SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE

Limited Pool Space:

- Family Swim: Monday/Wednesday/Friday 8:45-10:30am, 12:00-1:00pm & 3:00-4:00pm
- Family Swim: Tuesday/Thursday 12:00-1:00pm
- Family Swim: Tuesday 6:15-7:00pm
- Public Swim: Wednesday 7:15pm-8:30pm
- Public Swim: Sunday 5:00-6:00pm

