

# 10 Best Balloon Games with Kids



***Balloons are an inexpensive and fun way to entertain the kids with an endless array of games and activities you can do with them. Below are 10 of the best balloon games to play with kids.***

## **1. SURPRISE POP**

Blow up lots of balloons, filling some with treats such as small lollies, trinkets, notes and toys. Let the kids work hard to pop the balloons to retrieve their surprises. Great group or party activity.

## **2. BALLOON TENNIS**

Using paper plates and paddle pop sticks, create tennis racquets. Clear a large space, free of tripping hazards or breakables. Blow up a balloon and play a game of indoor tennis, hitting the balloon back and forth with the plate racquets. This is a great game when you have lots of kids, non-competitive and just a whole lot of fun!

## **3. PROTECT YOUR BALLOON**

Great activity for larger groups of 5 or more. Give each child a balloon and a length of string, approximately a metre long. Have them blow up their balloon, tie it to the string and tie it around their ankle. The aim is to protect their balloon while trying to bust everyone else's, with the winner being the last balloon standing. Supervision essential.

## **4. BALLOON WADDLE RACES**

An outdoor game for 2 or more kids. Have them start at the starting line, place a balloon between their knees and race to the finish line without dropping or bursting their balloon. If you have a large group and limited space, the races can be done as relays.

## 5. PASS THE BALLOON

Split your family into even groups and have them stand in parallel lines, each child approximately half a metre apart. Give the end person an inflated balloon. Once you call start, the teams are to pass the balloon under legs then over the next person's head until it reaches the first person in the line. The winning team is the first to hold their balloon up at the front of the line.

## 6. KEEP IT MOVING

A classic balloon game perfect for indoors for one or more children, with the aim to simply keep the balloon in the air and not let it touch the ground. Be sure to have adequate space, free from fragile items and tripping hazards. This is a great game to play to loud, hilarious party music.

## 7. BALLOON & SPOON RACE

Great game for two or more kids and ideal for outdoors, this game is much like the traditional egg and spoon race, but instead using large wooden spoons and balloons. The kids are to balance their balloon on their spoon and be the first to make it to the finish line, but if it drops to the ground or bursts, they must return to the start and try again.

## 8. BALLOON PEOPLE

Have a mix of balloon colours, some markers and stickers and have kids decorate their balloons by adding faces. It can help to sticky tape the balloon to the table to keep it in place. You may even want to create little paper feet and hands to stick on but remind them to be gentle. Keep spare balloons on hand for accidental bursts.

## 9. BALLOON POWER

Add a bit of science to balloon play, introducing kids to some basic motion activities. Great for solo play and teaching young kids about cause and effect. Get a light ball such as a ping pong ball or similar light rolling toy. Have it sitting on a smooth flat surface, blow up the balloon, then release the air, using it to propel the ball or toy. You may even want to have races using balloon air to power the toy across a line.

## 10. BALLOON PAINTING

For some messy, sensory fun, get out the kid-friendly paints and some sheets of paper. Blow up a few balloons only partly and show the kids how to use the balloons to create a painting, dipping the balloons in the paint and using them to make circular shapes in different colours.

***Balloons are so much fun, so ridiculously cheap and ensure you minutes of fun while you have a relaxing cup of coffee, supervise, and hopefully join in some of the balloon games yourself!***