

# Aquatic Centre

## Admission Rates, Schedules and Information



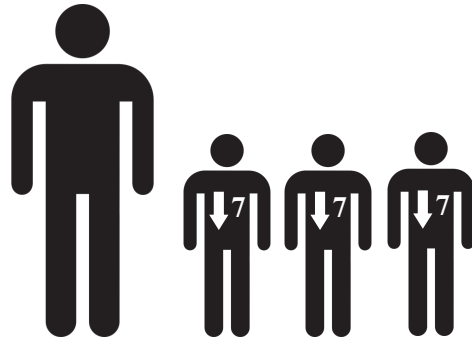
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306-778-2735



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# Admission Policies

All children under the age of 7 must be accompanied in the water by a responsible adult (Max. 1:3). The supervising adult must remain within arm's reach of the child at all times.



## **Family Swim**

A recreational time designated for families to swim together. An adult/guardian must accompany children in the water.

## **Public Swim**

All children 6 & under **MUST** be accompanied, in the water, by an adult (14+), and all youth (7-17) can attend by themselves.

# Wristbands

## **Yellow Wristband:**

Given to children between 7 and 13 years of age, to identify that they are able to swim **without** a guardian within arm's reach.

## **Red Wristband:**

Given to children under 7 years of age, to identify they **must** be within arm's reach of a guardians at all times.

## **Green Wristband:**

Given to patrons once a swim test has been successfully completed. The swim will be administered by a lifeguard/instructor. Swim test is only required for Public Swim.

\*Please note that **ANY swimmer** may be asked to complete a **swim test** to ensure their safety while utilizing the facility.

# Admission Rates

## SINGLE ADMISSIONS (GST INCLUDED)

|                       |         |
|-----------------------|---------|
| Preschool (3-6yrs)    | \$5.00  |
| Child (7-11yrs)       | \$5.75  |
| Youth (12-17yrs)      | \$7.00  |
| Adult (18-64yrs)      | \$9.25  |
| Senior (65+ yrs.)     | \$7.00  |
| Combo (Max/5 members) | \$18.00 |

## 10 SWIM PASSES (GST INCLUDED)

|           |          |
|-----------|----------|
| Preschool | \$35.75  |
| Child     | \$42.50  |
| Youth     | \$53.75  |
| Adult     | \$78.00  |
| Senior    | \$53.75  |
| Combo     | \$148.75 |

## 3 & 6 MONTH PASSES (GST INCLUDED)

|           |                   |
|-----------|-------------------|
| Preschool | \$84.00/\$142.25  |
| Child     | \$96.75/\$189.75  |
| Youth     | \$128.75/\$243.00 |
| Adult     | \$190.25/\$370.00 |
| Senior    | \$128.75/\$243.00 |
| Combo     | \$326.25/\$606.50 |

## SEASON PASSES & YEAR PASSES (GST INCLUDED)

|           |                    |
|-----------|--------------------|
| Preschool | \$201.00/\$246.00  |
| Child     | \$285.50/\$320.50  |
| Youth     | \$334.75/\$408.25  |
| Adult     | \$503.00/\$612.75  |
| Senior    | \$334.75/\$408.25  |
| Combo     | \$838.50/\$1047.25 |

## FITNESS (FITNESS PRICES ARE PER CLASS) (GST INCLUDED)

|                       |          |
|-----------------------|----------|
| ADULT (single)        | \$10.50  |
| 10 Pass               | \$91.50  |
| 20 Pass               | \$169.25 |
| 30 Pass               | \$234.75 |
| SENIOR/YOUTH (single) | \$8.25   |
| 10 Pass               | \$63.00  |
| 20 Pass               | \$122.75 |
| 30 Pass               | \$177.75 |

\*Refund only with a doctor's note.\*



Combo Pass Includes:  
A maximum of 2 Adults & 3  
Children under 18 years old.

# Lesson Information

Registration Opened Aug 7, 2024 @ 8:00am

## Fall 4 WEEK

Tuesday & Thursday

**4:00 - 4:30 pm**  
Parent & Tot 1, 2 & 3  
Swimmer 1

**4:35 - 5:05 pm**  
Preschool 1  
Preschool 2

**5:10 - 5:40pm**  
Swimmer 1  
Swimmer 2

**4:00 - 4:45 pm**  
Swimmer 4/5

**4:50 - 5:35pm**  
Swimmer 6

**5:45 - 6:15pm**  
Preschool 3  
Preschool 4/5  
Swimmer 3

September 10 - October 3

## FALL 8 WEEK

Tuesday

**4:00 - 4:30 pm**  
Parent & Tot 1, 2 & 3  
Swimmer 1

**4:35 - 5:05 pm**  
Preschool 1  
Preschool 2

**5:10 - 5:40pm**  
Swimmer 1  
Swimmer 2

**4:00 - 4:45 pm**  
Swimmer 6

**4:50 - 5:35pm**  
Swimmer 4/5

**5:45 - 6:15pm**  
Preschool 3  
Preschool 4/5  
Swimmer 3

October 15 - December 3

Thursday

**4:00 - 4:30 pm**  
Preschool 1  
Preschool 4/5  
Swimmer 1/2

**4:50 - 5:35pm**  
Swimmer 4

**5:45 - 6:15pm**  
Preschool 3

**4:00 - 4:45 pm**  
Swimmer 5/6

**5:10 - 5:40pm**  
Parent & Tot 1, 2 & 3  
Swimmer 2  
Preschool 1

**6:20 - 6:50pm**  
Swimmer 1  
Swimmer 3

**4:35 - 5:05pm**  
Preschool 2  
Swimmer 1  
Swimmer 3

**5:40 - 6:40pm**  
Rookie/Ranger/Star

**Adult 101**  
Wednesdays 8:30-9:15pm

October 17 - December 5

Saturday

**10:00 - 10:30 am**  
Preschool 1  
Preschool 3  
Swimmer 2

**11:10 - 11:40 am**  
Parent & Tot 1, 2 & 3  
Preschool 1

**11:45 - 12:15pm**  
Preschool 4/5

**10:35 - 11:05 am**  
Preschool 2  
Swimmer 1  
Swimmer 3

**11:10 - 11:55 am**  
Swimmer 4

**12:00 - 12:45pm**  
Swimmer 5/6

**12:20 - 12:50pm**  
Preschool 2  
Swimmer 1

September 7 - November 2 (No Class: October 12)

|                                                 |                 |
|-------------------------------------------------|-----------------|
| <b>Parent &amp; Tot 1-3</b> (3 months -3 years) | <b>\$70.50</b>  |
| <b>Preschool 1- 5</b> (3-5 years)               | <b>\$73.50</b>  |
| <b>Swimmer 1-3</b> (6 years +)                  | <b>\$73.50</b>  |
| <b>Swimmer 4-6</b>                              | <b>\$93.00</b>  |
| <b>Rookie/Ranger/Star Patrol/JLC</b>            | <b>\$105.00</b> |
| <b>Adult 101</b>                                | <b>\$93.00</b>  |



## WINTER 8 WEEK

**4:00 - 4:30 pm**  
Parent & Tot 1, 2 & 3  
Swimmer 1

**4:35 - 5:05 pm**  
Preschool 1  
Preschool 2

**5:10 - 5:40pm**  
Preschool 4/5  
Swimmer 1

**4:00 - 4:45 pm**  
Swimmer 4/5

**4:50 - 5:35 pm**  
Swimmer 6

**5:45 - 6:15 pm**  
Preschool 3  
Swimmer 2  
Swimmer 3

January 7 - March 4 (No Class: Feb 18)

**4:00 - 4:30 pm**  
Preschool 1  
Preschool 4/5  
Swimmer 1/2

**4:50 - 5:35 pm**  
Swimmer 4

**5:45 - 6:15pm**  
Preschool 3

**4:00 - 4:45 pm**  
Swimmer 5/6

**5:10 - 5:40pm**  
Parent & Tot 1, 2 & 3  
Preschool 1  
Swimmer 2

**6:00 - 7:00pm**  
Lifesaving Sport

**4:35 - 5:05 pm**  
Preschool 2  
Swimmer 1  
Swimmer 3

**5:40 - 6:40pm**  
Rookie/Ranger/Star

**6:20 - 6:50pm**  
Swimmer 1  
Swimmer 3

**Adult 101**  
Wednesdays 8:30-9:15pm

January 9 - March 6 (No Class: Feb 20)

**10:00 - 10:30 am**  
Preschool 1  
Preschool 3  
Swimmer 2

**11:10 - 11:40 am**  
Parent & Tot 1, 2 & 3  
Preschool 1

**12:00 - 12:45pm**  
Swimmer 5/6

**10:35 - 11:05 am**  
Preschool 2  
Swimmer 1  
Swimmer 3

**11:10 - 11:55 am**  
Swimmer 4

**12:20 - 12:50pm**  
Preschool 2  
Swimmer 1

**11:45 - 12:15pm**  
Preschool 4/5

January 11 - March 8 (No Class: Feb 15)

Lessons are non-refundable. Refunds for medical reasons only, and must be accompanied by a doctor's note.

Lessons are subject to change without notice.

# Fitness



### **Deep Water Fitness**

This class eliminates impact on your joints entirely, providing a totally shock free workout! Participants should be comfortable in deep water.

### **Shallow Water**

This class reduces stress on your joints, bones and muscles. You can achieve speedy and effective toning through water resistance and help increase your

### **Gentle Flow Fitness**

This class helps improve joint flexibility and help relieve pain and stiffness, as it takes place at a slower pace.

Tuesday

Thursday

Saturday

## Spring 8 WEEK

Tuesday

**4:00 - 4:30 pm**  
Parent & Tot 1, 2 & 3  
Swimmer 1  
Swimmer 2

**4:35 - 5:05 pm**  
Preschool 1  
Preschool 2  
Swimmer 1

**5:10 - 5:40pm**  
Swimmer 1  
Swimmer 2

**4:00 - 4:45 pm**  
Swimmer 6

**4:50 - 5:35pm**  
Swimmer 4/5

**5:10 - 6:10pm**  
Rookie/Ranger/Star

**5:45 - 6:15pm**  
Preschool 3  
Preschool 4/5  
Swimmer 3

March 18 - May 13 (No Class: April 22)

Thursday

**4:00 - 4:30 pm**  
Preschool 1  
Preschool 4/5  
Swimmer 1/2

**4:50 - 5:35pm**  
Swimmer 4

**5:45 - 6:15pm**  
Preschool 3  
Swimmer 1

**4:00 - 4:45 pm**  
Swimmer 5/6

**5:10 - 5:40pm**  
Parent & Tot 1, 2 & 3  
Swimmer 2  
Preschool 1

**6:20 - 6:50pm**  
Preschool 1/2  
Swimmer 1  
Swimmer 3

**4:35 - 5:05pm**  
Preschool 2  
Swimmer 1  
Swimmer 3

**5:40 - 6:40pm**  
Lifesaving Sport

**Adult 101**  
Wednesdays 8:30-9:15pm

March 20 - May 15 (No Class: April 24 )

Saturday

**10:00 - 10:30 am**  
Preschool 1  
Preschool 3  
Swimmer 2

**11:10 - 11:40 am**  
Parent & Tot 1, 2 & 3  
Preschool 1

**11:45 - 12:15pm**  
Preschool 4/5

**10:35 - 11:05 am**  
Preschool 2  
Swimmer 1  
Swimmer 3

**11:10 - 11:55 am**  
Swimmer 4

**12:00 - 12:45pm**  
Swimmer 5/6

**12:20 - 12:50pm**  
Preschool 2  
Swimmer 1

March 22 - May 24 (No Class: April 19, & May 17)

## Spring 4 WEEK

Tuesday  
&  
Thursday

**4:00 - 4:30 pm**  
Parent & Tot 1, 2 & 3  
Swimmer 1

**4:35 - 5:05 pm**  
Preschool 1  
Preschool 2

**5:10 - 5:40pm**  
Swimmer 1  
Swimmer 2

**4:00 - 4:45 pm**  
Swimmer 4/5

**4:50 - 5:35 pm**  
Swimmer 6

**5:45 - 6:15 pm**  
Preschool 3  
Preschool 4/5  
Swimmer 3

May 20 - June 12



# Want to be a Lifeguard?

Here is what you need...

## Bronze Medallion

Pre-requisite: Minimum 13 years of age  
September 13 - 15 2024 or Jan 10 - 12, 2025 or May 2 - 5, 2025  
\$184.00 (Books and exam fees included)



## Bronze Cross

Pre-requisite: Bronze Medallion  
October 4 - 6, 2024 & Feb 7 - 9, 2025 & May 9 - 11, 2025  
\$184.00 (Books and exam fees included)  
Recertification: \$75.00



## Aquatic Emergency Care (AEC)

(Standard First Aid for Aquatics)

Pre-requisite: None  
November 1 - 3, 2024 & Feb 28 - March 2 2025  
\$184.00 (Books and exam fees included)  
Recertification: \$90.50



## National Lifeguard (NL)

Pre-requisite: MUST be 15 years of age as of the **FIRST DAY** of the course, Bronze Cross, AEC or Standard First Aid with CPR-C

November 29 - December 1 & December 6 - 8, 2024  
April 21 - 25, 2025 or May 2-4 & May 9-11, 2025  
\$386.50 (Books and exam fees included)  
Recertification: May 10, 2025: \$128.25.



## Lifesaving Instructor (LSI)

Pre-requisite: MUST be 15 years of age as of the **FIRST DAY** of the course, Bronze Cross

Feb 17 - 21, 2025  
May 2 - 4 & 9 - 11, 2025  
\$420.25 (Books and exam fees included)

