

Schedule Information

October 15 - December 8, 2024

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:15am-8:00am		Lane Swim Barracudas Swim Club (6:30-7:30am)					All statutory holidays have limited hours: 11:00-1:00 Family Swim Lane Swim 1:00-5:00 Public Swim
8:00am-9:00am	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim		
9:00am-9:45am	Shallow Water Fitness	Deep Water Fitness	Shallow Water Fitness	Deep Water Fitness	Shallow Water Fitness		
9:00am-10:00am	Lane Swim Family Swim	Lane Swim	Lane Swim Family Swim	Lane Swim	Lane Swim Family Swim		
10:00am-10:45am	Gentle Flow Fitness	Adaptive Lessons (10:00-11:00am)	Gentle Flow Fitness	Adaptive Swim (10:00-11:00am)	Gentle Flow Fitness	Swimming Lessons	
10:00am-11:00am	Lane Swim Family Swim		Lane Swim Family Swim		Lane Swim Family Swim		
11:00am-1:00pm	Lane Swim Family Swim	Lane Swim Family Swim	Lane Swim Family Swim	Lane Swim Family Swim	Lane Swim Family Swim		
1:00pm-3:00pm	School Swimming Lessons	School Swimming Lessons	School Swimming Lessons	School Swimming Lessons	School Swimming Lessons	Family Swim (1:00-2:00pm)	Lane Swim (11:00-1:00pm) Family Swim (11:00-1:00pm)
3:00pm-4:00pm	Lane Swim Family Swim	CLOSED FOR MAINTENANCE	Lane Swim Family Swim	CLOSED FOR MAINTENANCE	Lane Swim (3:00-6:30pm) Family Swim (3:00-6:30pm) Aqua Cycle (5:30-6:15pm)	PUBLIC SWIM (2:00-5:00pm)	PUBLIC SWIM (1:00-5:00pm)
4:00pm-6:00pm	Barracudas Swim Club	Swimming Lessons (4:00-6:15pm)	Barracudas Swim Club	Swimming Lessons (4:00-7:00pm)			
6:00pm-7:00pm		Family Swim Water Polo Shallow Water Fitness (6:15-7:00pm)		Family Swim (6:15-7:00pm) Lane Swim (6:15-7:00pm)	Family Swim Lane Swim Deep Water Fitness (6:15-7:00pm)	Barracudas Swim Club (4:00-7:00pm)	TOONIE Swim (\$2 per person) (6:30-8:30pm)
7:00-8:30pm	PUBLIC SWIM	PUBLIC SWIM	Family Swim Special O (7:00-9:00pm)	PUBLIC SWIM			
8:30-9:30pm			Lane Swim Adult Swimming Lessons (8:30-9:15pm)				

SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE

